

Join me, Donna Frasca, for a one-of-a-kind four-week online course. I can say, "One-of-a-kind" because early this morning (April 18th, 2020) on one of the nights I couldn't sleep, Spirit spoke to me about this class. Why? Because the day before, I asked for some inspiration on what would be the best way for me to teach a Mediumship course, and oh boy, did I get answers!

Inspired by the teachings of several Tudors of the Arthur Findlay Spiritualist College, in Stansted UK, and more importantly, Spirit, I am offering this online class for you.

#### A GUIDE TO NATURAL MEDIUMSHIP

To start, you will be UNLEARNING a lot of the mediumistic information that you know.

### Week 1 - The Process of Unlearning

- Grounding do's and don'ts.
- Divination Tools
- Earthbound Spirits

#### Week 2 - How To Get Your Mind, Body and Spirit Ready For Mediumship

- Self-care do's and don'ts
- Myths about the foods that you should be eating and drinking
- What is nature's role in all this?

## Week 3- Discernment. How To Get The RIGHT Information From The Spirit World

- Spirit placement & digging deep
- The power of 10
- Animal communication

# Week 4 - How To Connect With Your Clients To Do Readings

- The Blindfold
- Client connections, do's and don'ts
- Messages of Love and tying it all in

This online class is where we will unlearn many of the misconceptions of Mediumship and relearn and tap into our natural ability to connect with Spirit. I can't tell you how excited I am!

All classes will be recorded so don't worry if you miss a class, you'll be able to review the recording at your leisure.

Spirit will take the wheel in these classes, but I'd like to keep them no more than an hour and a half long. There will be time for exercises and Q&A at the end of each class.

# **Support**

I'll always be available for mentorship once this class is over, so don't ever feel like you'll be left high and dry because you won't. I created a private membership-based group on Facebook (\$20 one time fee to join) for the people who took this class so you'll have my support to help you with your journey.

Cost: \$150
PayPal: <a href="https://paypal.me/DonnaFrasca">https://paypal.me/DonnaFrasca</a>
There are no refunds for this course

Dates:

Sunday, May 3rd - 6 pm est Sunday, May 10th - 6 pm est Sunday, May 17th - 6 pm est Sunday, May 24th - 6 pm est